Learning to Learn

Learning to Learn is a course which pupils in Year 7 follow in Year 7 only, with one lesson each fortnight. It is designed to support their learning as they transfer to their secondary phase of education.

Topics covered include:

Organisation, concentration procrastination issues
How the brain works
How to help the brain learn better
Mind mapping
A growth mind set
Multiple intelligences
Memory techniques
Team work skills
Effective revision techniques

There is no examination at the end of the course.